



WEEKLY



“I Will No Longer Be Quiet”

-Tuface Idibia

**Lifestyle:
Reasons Why You Should Not Get Married**

Careers

Vacancies from:



BRITISH AMERICAN TOBACCO

THE ABRAAJ GROUP

**iPhone 7:
What You Get For Your N350K,
Apart From Bragging Rights**

**Health:
Why You Should Never Ignore a Bleeding Vagina**

**Money:
How To Get 15 Million Naira Car Loan From Stanbic Bank**



Table of Contents

“I Will No Longer Be Quiet” -Tuface Idibia

Health: Why You Should Never Ignore A Bleeding Vagina

Lifestyle: Reasons Why You Should Not Get Married

Money: How To Get A 15 Mllion Naira Car Loan From Stanbic Bank

Career: Jobs In Nigeria

Tech: iPhone 7: What You Get For Your N350K, Besides Bragging Rights

Contact

Ese Obajuwana - Business Manager & Ads

Samson Oloto - Community Manager & Operations

Femi Ogunjobi - Content Management

Contact email: impact@nigerianbulletin.com

Contact phone: +234 8097 406 456



“I Will **No Longer Be Quiet”**

-Tuface Idibia

Tuface Idibia has again addressed Fans and other Nigerians on the planned anti-government protest. In parts of the video, Tuface said, "I will no longer be quiet. I'm just a musician with a point of view and the ear of my fans. I have dedicated my time and resources to peace building, voter education towards peaceful elections and youth engagement in governance in Nigeria. This march is about demanding that our leaders connect with all the people in Nigeria."

[VIDEO: TUFACE CALLS FOR STREET PROTEST](#)

[VIDEO: TUFACE CANCELS](#)

Why You Should Never Ignore a Bleeding Vagina



A bleeding vagina is often a signal of a biological process taking place within the female body; it could be a normal biological process or an abnormality. When your vagina bleeds, your body is simply trying to pass you a message.

Normal vaginal bleeding, also known as menorrhea, is the periodic blood that flows as a discharge from the woman's uterus. Menstruation is the process by which menorrhea occurs. There's usually nothing to worry about with menstruation, unless it's irregular, heavy, discolored, scanty or painful.

Abnormal vaginal bleeding is usually an unexpected bleeding. It can be described as bleeding other than a normal menstrual period. In a woman who has not had a menstrual period for 12 months, vaginal bleeding is always abnormal. Abnormal vaginal bleeding is usually associated with several factors such as:

1. Cancers and Precancerous Conditions

A cancer of any of the following organs can cause bleeding:

- Cervix
- Vagina
- Uterus
- Ovaries

2. Medications and Devices

- Retained tampon
- Intrauterine device (IUD)
- Stopping or changing method of birth control

3. Inherited Conditions

Inherited medical conditions, such as hemophilia, can cause excessive vaginal bleeding.

4. Infection

Infection of the reproductive organs can cause inflammation and bleeding. Some infections which can cause vaginal bleeding include:

- Chlamydia
- Gonorrhea
- Vaginitis
- Endometritis
- Pelvic inflammatory disease (PID)
- Bacterial vaginosis

5. Endocrine Factors

- Polycystic ovary syndrome (PCOS)
- Hyper/hypothyroidism

6. Fertility/Reproduction Factors

- Ectopic pregnancy
- Pregnancy
- Random ovulatory cycles
- Miscarriage
- Perimenopause

7. Trauma

- Sexual abuse
- Penetrating injury

A bleeding vagina must never be ignored, especially if it comes with symptoms such as lightheadedness, severe abdominal pain, or fevers. Never resort to self-help when faced

Reasons Why You Should Not Get Married

Since birth, the knowledge instilled in us is the institution of marriage is what young adults will pass through in their lives. Also, we were made to believe that marriage embodies so many pleasant things, and leaves you better off financially, physically and mentally. However, real-life possibilities, of which there are so many, have not projected marriage as a happy, normal 'thing'. To them, it is the worst thing that has ever happened to them. Should we all aim to get married? Are we naturally wired to be married to another person? Why are so many people scared of getting married? Now, let's talk about reasons why you should avoid marriage.



1. **Freedom:** The days of absolute authority on whereabouts are over. Once you get married, you enjoy none or little of such freedom. Under a veil of caring, your partner would want to know every detail of your movement. Friday hangouts, overtime office works, etc. would be forgone for one person.
2. **Love:** Often, we are told that love conquers all, it is the foundation of all happiness and joy in life, and once found, you should do away with everything else to honour it. However, few find this love in marriage. The cruelty many suffer in

marriage in the name of 'Love' is truly unbearable.

3. **Commitment:** Marriage is a commitment and sacrifice. It is like living on another planet. To have an enjoyable marriage, you must be willing to let go of your productive work-life and lifestyle.
4. **Friendship:** Marriage easily hurts friendships. Once you're married, you get to relate more with your partner and less with your friends as the marriage matures.
5. **Financial Problems:** Marriage can present a lot of financial problems. The financial responsibilities imposed leave so many couples swamped in debts after marriage, which further puts the home in disarray, and ensures financial imbalance for a long time.
6. **A great percentage of marriages end in divorce:** Marriages are only 50/50. What other long term commitment would one want to make if it only had a 50/50 shot at success? Don't forget: divorce comes with its expensiveness and patriarchy obligations, especially in a marriage with kids. You have to pay for child support, schooling and sometimes even rent.
7. **Scandal:** Oh, scandal wrecks the ship of marriages, and it eventually leads to them breaking/tearing apart. Especially for celebrities, scandals have torn relationships apart and makes marriage undesirable – a painted picture of infidelity, adultery, and so on.

How To Get A 15 Million Naira Car Loan From Stanbic Bank

Financial institutions in Nigeria now offer car loans to both individuals and business owners. Essentially, these loans are a credit facility for full or half payment purchase of brand new vehicles for personal use by staff of private and public sector organizations, whose salaries and allowances are domiciled with them.

Some banks call it an auto loan or financing when it's one to nine vehicles, which changes to fleet financing when it's ten or more vehicles.



Images from Pixabay.com

For many Nigerians, getting the required loan support for a car purchase is very tedious, but, not with Stanbic Bank. Getting a financial loan from Stanbic Bank is very easy, provided you have the requisite documentation and a planned, structured repayment system.

With Stanbic Bank, both new and existing customers can enjoy the facility of a car loan, covering finance for a Mercedes-Benz, BMW, Audi, Land Rover, Peugeot, Renault, Nissan, Toyota, Honda, Suzuki, Mitsubishi, Ford, General Motors, Hyundai, Kia, TATA, Tata, Isuzu, Volkswagen, Skoda, Chrysler, or Porsche.

What the loan offers:

1. You get a repayment tenor of up to 60 months if you're a salary earner.
2. If you're self-employed with proven repayment ability.
3. Eligible customers must make an equity contribution of 10% (for customers with Stanbic IBTC Bank salary accounts) and 20% (for customers without salary domiciliation and for business owners).
4. For luxury cars with a cost above NGN15 million, a 40% deposit is required as an equity contribution.

Here are the ABC steps on how to get a Loan from Stanbic Bank:

1. A completed application form, which can be accessed at any branch or <http://www.stanbicibtcbank.com/Nigeria/Individual/Borrowing/Car-Loans>
2. A proforma invoice from one of Stanbic Bank's approved car dealers
3. Evidence of salary domiciliation or proof of income.

Jobs in Nigeria

Etisalat Nigeria: Graduate Analyst

Etisalat's vision is a world where people's reach is not limited by matter or distance; a world where people will effortlessly stay in touch with family and friends; a world where businesses of all sizes can reach new markets without the limitations of distance and travel. We need to fill the role of Analyst, Control Room

Dangote Group: Graduate HSE Officer

The Dangote Group is a diversified and fully integrated conglomerate with interests across a range of sectors in Nigeria and Africa. Current interests include Cement, Sugar, Flour, Salt, Pasta, Beverages, Noodles, Poly Products, Transportation and Real Estate, Oil and Gas, Telecommunication, Fertilizer and Steel sector of the economy. The Dangote Group requires the services of exceptional and highly motivated professionals to fill the position of HSE Officer

Abraaj Group: Human Resource Manager

The Abraaj Group is a global institution investing in select markets across Africa, Asia, Latin America, the Middle East and Turkey wants to fill the position of Human Resource Manager Healthcare (Nigeria). The Human Resource Manager will be a key member of the management team whose primary role is to focus primarily to develop and manage Human Resources Services for the Facility.

Nampak Nigeria: 4 Positions Available

Nampak is Africa's leading diversified packaging manufacturer, and has been listed on the JSE Limited (Johannesburg Stock Exchange) for 47 years. Nampak operates from 28 sites in South Africa, contributing approximately 49% to trading profit, 13 sites in the rest of Africa, contributing 52% to trading profit, as well as 10 sites in the United Kingdom, contributing 5% to trading profit. We need to fill the positions of Electrician, Tool Room Mechanical Technician, Quality Assurance Inspector and Electrical Engineer

British American Tobacco: Graduate Trainees

British American Tobacco (www.bat.com) is a market leading, global organisation with a long, established history and a bright and dynamic future. Thanks to our people we have continued to deliver growth and exceed expectations in an increasingly complex and challenging marketplace. If you have the talent and motivation to help us succeed you'll find we are equally committed to helping you reach your full potential too. Join us!!

iPhone 7: What You Get For Your N350K, Apart From Bragging Rights

Nigerians are huge fans of gadgets and technology, and the thirst for luxury products and anything that makes them stand out from the crowd is unquenchable. Several years ago, it was the Blackberry craze. Back then, it became a common sight at social gatherings to see people press their phone every minute as they ping the latest gossip to their friends, text, chat, read emails, transact business, chat on their Facebook or Twitter pages, download music and, of course, snap loads of pictures, among others.

However, a new craze is in town. The Apple iPhone, which is reputed as the world's most powerful personal device with impressive functions. Besides being expensive (sells for N350,000), using an iPhone boosts the user's social status – a situation wherein if I have an iPhone 7 and you don't, I stand head and shoulders above you—even if you look more well-fed or well-to-do than me.



Apart from the bragging rights and respect this device commands, here are so many other things the device embodies:

Variants: The iPhone comes in two versions- iPhone 7 and iPhone 7 Plus. Both variants are basically the same thing, except the second one is for people who want a larger, better screen. The iPhone 7 Plus comes with a 5.5-inch screen, which gives you more room to play HD video games like GTA or to watch crisp movies and TV series. The smaller version has a 4.7-inch screen, and neither of the two screens are easily scratched.

Body Build: At first glance, the iPhone 7 and 7 Plus look exactly like their 2014 predecessors- the iPhone 6 and iPhone 6 Plus, but now they are water resistant. You can dip the phone in water for a while without damaging it. Below is a video of a 10-hour Water Freeze Test. The iPhone 7 was put in a container filled with water and refrigerated for about 10 hours. In the end, the phone remained intact- and was working okay.

<https://www.youtube.com/watch?v=8i2J0Qk3x3M>

This phone surely has a sturdy build.

No Headphone Jack: And the phone comes with a major surprise- it has no headphone jack. That little hole where you plug in your earpiece and enjoy soothing music is gone. Instead, Apple has introduced Earpods, which work via Bluetooth. This is refreshingly good, as it saves you the stress of untangling earphone wires.

Camera Quality: The iPhone 7 has a better rear camera than the iPhone 6, as well as most other flagship smartphones out there. The 12-megapixel camera has two lenses- an f/1.8 28mm wide-angle lens and another f/2.8 56mm telephoto lens, which operate simultaneously. This means you can switch to a true 2x zoom by tapping on a button, which is very nice. You can also digitally zoom the 1x lens to 2x, where the telephoto takes over, and then digitally zoom the 2x lens to 10x. Digital zoom is still digital zoom; anything past 4x looks like what you'd expect from a grainy digital zoom. The device also has flash, so you can take pictures at night or in dark places.

The 7 megapixels front camera is great for selfies and Instagram. It's bright, sharp, and has the Retina Flash feature, which was lifted from Snapchat.

Processor: You also get a beast of an engine from the iPhone 7 (or iPhone 7 Plus). The phone has a Quad-core 2.34 GHz processor, which, when coupled with 2GB RAM (on the iPhone7), or 3GB RAM (on the 7 Plus), ensures the phone operates seamlessly. You can multitask, open several apps simultaneously, and won't experience lagging.

Media Storage: For storing your media files (pictures, songs, and videos) the iPhone 7 offers a minimum of 32 GB of space. Depending on the variant you get, this could increase to 128GB or 256GB as well; you'll just have to fork out more money.

Operating System: The iPhone 7 runs on the unique operating system iOS 10.0.1, which you can upgrade to iOS 10.2 to enjoy the latest from Apple.

Battery Life: The iPhone7 comes with a 1960mAh battery, which will give you about 40 hours of playing music or 14 hours of heavy use on 3G. The 7 Plus has a 2900mAh battery, which will drain after 21 hours of 3G usage or 60 hours of playing music.

Colour options include: Jet Black, Black, Silver, Gold, Rose Gold

AUTO OVERVIEW

**HONDA ACCORD 2017**

**OVERVIEW**

WATCH NOW 

**TOYOTA LAND CRUISER 2017**

**OVERVIEW**

WATCH NOW 



Nigerian Bulletin

Your Daily News Screen

www.NigerianBulletin.com